

## We really stood out at LW2!

THE HIPPICRATICS WERE a real credit to Northern NSW and the division at LW2. Well done one and all.

Kingsley's presentation on access was very highly rated by all who were privileged to attend. Many were turned away at the door and were disappointed, especially later when their colleagues told them how excellent the presentation had been. Feedback to Kingsley and Lindy was that many were moved by the presentation and have requested copies of the '12 minute slip'. Well done Kingsley and team.

Tony's presentation (done twice, back to back) in the diabetes breakout sessions encompassed all of the diabetes change principles, presented the business case and was also highly entertaining

and polished. Both of Tony's sessions were packed out, with many people again being turned away disappointed. Well done Tony and Liz.

Both Kingsley's and Tony's presentations demonstrated the collaboratives process in action in clear and unambiguous ways and openly acknowledged the contribution of their practice teams.

We must not forget that GP practices have a major role in primary health care and can effect better health outcomes on both an individual patient/carer basis but also on a population health basis.

GPs and PNs are perfectly placed to be the leaders in chronic disease management and to be coordinators of multidisciplinary team care.

Hi fellow Hippicrats,

Firstly, thank you so much for the absolutely beautiful bunch of flowers and birthday card. It was totally unexpected and therefore such a wonderful birthday surprise.

I feel so blessed and privileged to be working with such a wonderful group of people. We truly are a team!

The Hippicrats stood out at LW2 and were a credit to Northern NSW and the division.

I look forward to catching up with you all as I visit you over the next few weeks. Keep up the momentum but remember that change doesn't often happen overnight. There will be ebbs and flows with your ideas and enthusiasm just as the waves ebb and flow. Remember to contact each other for support in the low times and for inspiration or just to share a laugh..

Look on the website for new ideas (PDSAs) when you begin to flag.

Talk soon,

Kindest regards,  
Sandi Hill,  
Program manager

## News Briefs

### PDSAs

I was proud of the diligence shown by all of you when it was time to plan PDSAs. I believe we have overcome most of the major hurdles of the beginning process.

We all now have a clearer idea of the steps that are required and some good ideas on how to get there.

The new MD data extraction tool promises to be more useful and robust. We know that speed of extraction is related to two major factors: a) the size of the database, ie. the bigger = the slower and b) the speed of the practice's IMIT systems.

Having seen the National graphs that are produced following submission of monthly measures and PDSAs (due

1st Wed of the month), we all understand the importance of submitting data on time, if at all possible.

### Spreading the word about the Collabs

Part of our role is to spread the word to colleagues who may be interested in waves 2 and 3. If you know of anyone who you think is ready to embrace change, talk to them and ask them to contact me.

The other ways that we can spread the word are via articles in *GPSpeak*. I ask each of you to consider writing a paragraph (50-100 words max) on your experience of LW2.

What were the highlights for you? Three months on, how do you feel about being involved? What stands out for you, eg. workshops, teamwork

back at practice during action periods, being part of the Hippicrats, support from your CPM? Whatever! I would use these quotes in articles.

I ask each of you to consider giving some time to talking directly to interested participants of Waves 2 and 3 to assist them to make an

informed choice about what being involved entails, but also what the rewards can be for early adopters.

Kingsley and Tony have agreed to present to some of your practice partners, and also at the division's WOPPA weekend in August.

## LOCAL COLLABORATIVE MEETING

Thursday 30 June 7.00-7.30pm  
at the division's offices,  
16 Carrington St, Lismore.

*This is a time for sharing,  
networking  
and learning together.*